

SEPTEMBER



SAVE THE DATE:

- ◆ Office Closed Labor Day (Mon. Sept. 1st)
- ◆ Peach Days Parade (Sat. Sept. 6th)
- ◆ Golf Scramble Brigham City (Sat. Sept. 13th)
- ◆ Council Meeting Zoom (Thurs. Sept. 18th @1pm)
- ◆ Office Closed Native American Day (Fri. Sept. 26th)
- ◆ Wuda Ogwa Tree Planting (Fri. & Sat. Nov. 7th & 8th)



PEACH DAYS PARADE INFO

Float #69

We will meet in front of Pizza Hut, 600 South Main Street at **8:30am.**

Peach Days Parade

Saturday, September 6th

Wrist bands are for those who participate in the parade.

RSVP NO LATER THAN Wednesday, Sept 3rd by 4:00 pm

Call the office 435-734-2286 or email Beatrice@nwbsshoshone.com **Subject: PEACHDAYS**

Those who DO NOT call or Email ARE NOT GUARANTEED a wrist band

Float seating priority is elders and small children first.



Last Day to sign up is Tuesday September 2nd

2025 NWBSN Golf Scramble Tournament

Details + Information



WHEN: Saturday, September 13th, 2025 - shotgun start time at 8:00 a.m.

WHERE: Eagle Mountain Golf Course, 960 E 700 S, Brigham City, UT 84302

AGE LIMIT: 18+ years only.

COSTS: \$20.00 per team (**cash only** - payment is due on the day of the scramble).

REQUIREMENTS: There must be at least ONE tribal member or NWBSN Childcare Program childcare provider per team.
Also, you must bring your own golf clubs.

REGISTRATION: All teams must register no later than September 2nd, 2025. NO EXCEPTIONS.

NOTE: Costs cover green fees, cart, light breakfast, lunch, and a chance to win prizes!

Scan the QR code to register your team



This event is brought to you by the NWBSN Childcare Program



If you have any questions, please email childcare@nwbsnshoshone.com or phone the office at 435-734-2286.



Every year the flu affects children and adults.

We are partnering with Community Nursing Services to provide an on-site FLU and COVID shot clinic for Tribal Members and their families.

- A person can spread the flu 1 day before they feel the symptoms and 5-7 days after becoming sick.
- A flu infected person can infect anyone within 6 feet.
- Flu virus can survive on a surface for up to 48-72 hours.

Protect yourself, your family and your co-workers! Get Vaccinated!

Date: Wednesday, September 24

Time: 4:30 PM - 6:30 PM

Location: 810 N. Main Street
Brigham City

Date: Thursday, September 25

Time: 4:30 PM - 6:30 PM

Location: Tribal Office

Call the tribal office **435-734-2286** to RSVP


COMMUNITY NURSING SERVICES
IMMUNIZATIONS

Partnering with businesses
to immunize against the flu.

Measles overview



Symptoms

- High fever: Typically, 101°F (38.3°C) or higher with:
 - Cough
 - Runny nose
 - Red, watery eyes
 - Rash (Measles rash usually begins as flat red spots on the face at the hairline. The spots then spread down to the neck, belly, arms, legs, and feet.)

Complications

- Pneumonia (a serious lung infection)
- Hospitalization
- Encephalitis or brain swelling (can cause cognitive disability, deafness, and seizures)
- Complications during pregnancy, such as the risk of premature labor (having your baby early), miscarriage, and your baby having a low birth weight
- Seizures
- Weakened immune system that can last weeks to years (increases the risk of bacterial infection and infection from other diseases)
- Death

When symptoms usually start (onset)

The first symptoms of measles start between 1 and 3 weeks after you are infected with the virus. Most people have symptoms at about 2 weeks.

How long it lasts (duration)

The first symptoms (fever, cough, runny nose, watery eyes) last for about **2 to 4 days** but can be as short as 1 day or as long as 8 days.

The rash normally lasts **5 to 7 days** and begins about 3 to 5 days after the first symptoms start.

Causes

Measles virus

How to prevent measles

- 2 doses of the MMR vaccine (measles, mumps, rubella), **or**
- 2 doses of the MMRV vaccine (measles, mumps, rubella, varicella)

Treatment

There's no specific treatment for a measles infection once it occurs. Treatment includes providing comfort measures to relieve symptoms, such as rest, and treating or preventing complications.

WE ARE CONNECTED. We Need You Here.

American Indian and Alaska Native communities have always shown unity and resilience. Each of us is a gift, and our stories are shared across generations. Together, we can get through anything.

Protect yourself and your family from suicide.

Connect those at-risk to mental health services

Seek spirituality

Avoid drugs and alcohol

Talk to others about hopes and dreams

Improve problem-solving skills and relationships with friends, family, community, culture, and social institutions

Maintain good physical and emotional health

Identify and participate in tribal culture

If someone you know has experienced trauma
—a loss or a big change in their life—
or if their behavior or mood has
changed, talk with them.

Suicide is preventable.

Know the warning signs.

Extreme behavior changes

Decreased interest in appearance

Loneliness

Feeling sad or hopeless

Feeling helpless

Saying things like,

"All of my problems will end soon" or

"I just can't take it any more"

A mental health condition

Giving away possessions

Withdrawal from others

Loss of interest in sports and leisure

Family or friend's suicide attempt or death

Misuse of drugs or alcohol

#WeNeedYouHere

Restricting access to lethal means can greatly reduce suicide rates.

Firearms are the most common means of suicide.

Use gun locks and gun safes, and limit the number of people who know where the key is or what the combination is.

Ask your police department to store your firearms.

Prescription drug overdoses can be prevented.

Store medications in locked cabinets.

Return unused medication to the pharmacy.

Know how many pills should be in each medicine bottle (to prevent someone from taking pills slowly).

Report lost or stolen prescriptions to the prescribing physician or law enforcement.

Caring Messages



Caring messages are a suicide prevention intervention that involves sending a brief caring message to those who may be at risk of suicide.

This brief connection can help save lives. It reminds the person that someone is thinking of them and cares about them. It can be a powerful message during a difficult time. Caring messages have been shown to reduce rates of suicide and can communicate empathy and concern without demanding anything in return.

Send a text, email, or social media post to someone you care about today.

To GIVE help or GET help:

- Dial **988** if you are having a mental health emergency to reach the Suicide & Crisis Lifeline.
- Text **NATIVE** to 741741 to receive free, 24/7 counseling support.
- Visit www.wernative.org.
- Talk to trusted elders, healer, friends, family, clergy or health professionals.



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HUNTING INFO

Request for Regular Hunting Tags NOW AVAILABLE (Season 2025/2026)

**Request tags by Emailing Patty
ptimbimboo@nwbshoshone.com**



News from our Tribal Chairman

Tribal Members and Families, I hope this message finds you and your families well.

Last month, the tribe met with Weber State University President Brad Mortensen at the Ogden office and we discussed tuition waiver and housing availability for our future students. The tribe works with several WSU departments and we would like our relationship to grow and evolve like our relationships have been with Utah State University, University of Utah and Utah Valley University.

The tribe also hosted U.S. Congressman Mike Simpson of the 2nd District of Idaho at the Bear River site and made several presentations about the history of the Tribe, the Bear River site, and current and future projects the Tribe is working on. Congressman Simpson serves as the Subcommittee Chairman on Interior, Environment, and Related Agencies on the House Committee on Appropriations.

I do hope that all of our K-12 students were able to take advantage of the clothing allowance and the back pack program. Thank our partners; Tope Technology and AMR Tribal for contributing to this endeavor. I wish each and every one of our future leaders good luck in this school year and to make us all proud.

As we move into the upcoming hunting season, we ask all hunters to please use extra caution while out in the field. Hunting is not only an important tradition for our people, but also a responsibility that requires care for both our community and the land. Please remember to:

- Follow all hunting regulations and safety practices.
- Be aware of your surroundings at all times.
- Carry proper identification and permits with you.
- Contact our Hunting Department/Tribal Fish & Game staff with your animal takes, and report any incidents or concerns right away.

Our Idaho hunting case is still pending and there is no update on when it will be heard. However, our health department has some exciting news to share with you.

The health department has some exciting news to share with you. We have passed a resolution to allow our hunters to purchase an Idaho general season hunting tag and to be reimbursed. Also, our health department wants to ensure you are properly outfitted so they have hunter orange hats and beanies which are first come first serve. Thank you to our health department for the contributions to hunter safety. We are also able to reimburse our hunters who want to take a hunter safety course so they are eligible to receive hunting tags. Our staff is here to support you and answer any questions.

For more information on Idaho general season hunting tag reimbursement and hunter safety reimbursement contact Michelle at: mrichards@nwbshoshone.com or 435.734.2286. For Utah hunting tags email Patty at: ptimbimboo@nwbshoshone.com

Thank you for doing your part to keep our hunters and community safe. Let us continue to honor this tradition in a way that shows respect for the land, the animals, and each other.